


Gomer Junior School - Lunch Menu - Week One

W/C 2/11/20, 23/11/20, 14/12/20, 18/1/21, 8/2/21, 8/3/21, 29/3/21

	Monday	Tuesday	Wednesday	Thursday	Friday
RED	SPAGHETTI RAGU WITH OREGANO & SWEET PEPPERS	CUMBERLAND SAUSAGE WITH GRAVY	ROAST TURKEY, YORKSHIRE PUDDING & STUFFING	CHILLI AND RICE	COD GOUJONS
GREEN  Vegetarian	VEGAN BOLOGNESE	QUORN SAUSAGE WITH GRAVY	CHEESE AND TOMATO QUICHE	VEGETABLE CHILLI AND RICE	QUORN ESCALOPES
VEGETABLES & SIDES	ROASTED CARROTS SIDE SALAD	CREAMED POTATOES SWEETCORN BROCCOLI SIDE SALAD	ROAST POTATOES GARDEN PEAS CAULIFLOWER VEGETABLES	SPRING GREENS MIXED PEPPERS SWEETCORN SIDE SALAD	CHIPS BAKED BEANS PEAS SIDE SALAD
PURPLE MUNCH BOX	CHICKEN BURGER	SAUSAGE ROLL	MEATBALL SUB	MEATBALL PASTA BAKE	FISH FINGER WRAP
ORANGE MUNCH BOX	VEGGIE BURGER	VEGAN SAUSAGE ROLL	VEGGIE MEATBALL SUB	VEGETABLE PASTA	CHEESE PIZZA
DESSERT FOR ALL OPTIONS	PINEAPPLE UPSIDE DOWN SPONGE AND CUSTARD	VANILLA ICE CREAM	SHORTBREAD	APPLE CRUMBLE AND CUSTARD	FLAPJACK