



MENU

Week Two • GFM

November 6, November 27, January 1, January 22, February 19,
March 11,

Monday

Red option: BBQ sausage & vegetable bean rice pot

Green option: Cheese omelette, served with beans
and potato wedges

Tuesday

Red option: Chicken pie, served with roasted diced
potatoes and vegetables

Green option: Roasted Quorn fillet, served with
roasted diced potatoes and vegetables

Wednesday

Red option: Cheese & ham Pizza, served with crispy
potatoes & salad

Green option: Quorn burger with iceberg lettuce,
sliced tomato, served with crispy potatoes

Thursday

Red option: Roast beef served with Yorkshire
pudding, roast potatoes, vegetables and gravy

Green option: Roast Quorn fillet served with
Yorkshire pudding, roast potatoes, vegetables and
gravy

Friday

Red option: Fish fingers, chips & peas

Green option: GFM Quorn sausage puff, served with
chips & peas

Jacket potatoes are served daily, cheese, beans or tuna
mayonnaise

