



MENU

Week One • GFM

October 30, November 20, December 11, January 15, February 5,
March 4, March 25,

Monday

Red option: Battered cod goujons served with steamed green beans and new potatoes

Green option: Traditional Mac & cheese served with salad

Tuesday

Red option: GFM Pork sausage roll, served with baked beans and crispy potatoes

Green option: Vegan sausage, served with baked beans and crispy potatoes

Wednesday

Red option: Beef & vegetable chilli nachos, topped with cheese

Green option: Cheese & tomato Pizza, served with crispy potatoes

Thursday

Red option: Roast chicken served with roast potatoes, stuffing, vegetables and gravy

Green option: Roast Quorn served with roast potatoes, stuffing, vegetables and gravy

Friday

Red option: Fish fingers, chips and peas

Green option; Vegetable fingers, chips and peas

Jacket potatoes are served daily, cheese, beans or tuna mayonnaise

